



Clavet Composite School

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Pursuing success for all

A respectful community of life long learners

To: PARENTS of CLAVET SCHOOL FITNESS CENTRE MEMBERS
Re: FITNESS CENTRE RULES and INFORMATION
DATE: 2022-2023

Your child has purchased a school Fitness Centre membership. This membership entitles your child to use the Fitness Centre under the condition that they adhere to all the following rules and procedures:

A. Membership

1. Prior to using the Clavet Fitness Centre, students must take an orientation session. These happen at lunch.
2. Membership fees are \$10/quarter or \$20/year (2022/23 only – Due to later start)
3. Members must comply with all fitness center rules.

B. Rules

1. Only members are allowed in the Fitness Centre (except when with PE class or team)
2. During non-school hours members must have a staff member who has agreed to be responsible (no direct supervision required)
3. Members must sign in every time they use the Fitness Centre
 - (if using the Fitness Centre after school hours, record staff supervisor's name also)
4. Appropriate workout clothing must be worn in the Fitness Centre
5. Must have a workout partner (who is also a member) in the Fitness Centre in order to access it
6. Return plates, dumbbells, benches, attachments to appropriate positions
7. General appropriate school classroom and hallway behavior is expected in the Fitness Center
8. Music must be school appropriate and the volume must not disturb others.
9. The Fitness Centre door must be closed and locked following use
10. Membership may be suspended or revoked for misuse of equipment or failure to follow Fitness Centre rules

C. Procedures for Use

1. The Fitness Centre is available for members to use before/after school and at lunch or during a spare
2. The supervising staff member must be in the building
3. The member must sign in and have the staff member initial the log
4. It is the responsibility of the supervising staff member to unlock the door and lock the door upon completion of the workout
5. Student members using the fitness center when they should be in another class will shut down the fitness center for everyone present at that time

CONTRACT

I, the parent of _____ have read and understand the rules and procedures for my child
Student's name
to use the Clavet School Fitness Center.

Parent Signature: _____ Date: _____

I, the student member, have read and understand the rules and procedures I must adhere to in order to use the Clavet School Fitness Center.

Student Member Signature: _____ Date: _____

Grade: _____

