



# COUGAR NEWS



January 17, 2020

No. 05

Clavet School

## **ADMINISTRATOR'S MESSAGE**

Welcoming the New Year is traditionally accompanied with resolutions and goals. With the extreme cold weather we have been experiencing lately, it is important not to lose sight of those goals, or let obstacles get in our way. I encourage you to help your children to discuss the things that may be challenging them from accomplishing their goals, and to help celebrate the progress that they have made thus far.

This is also the time of year when we begin to make preparations for next year. We are now accepting kindergarten registrations for the 2020/2021 school year. According to Prairie Spirit School Division policy, children who are five years of age as of December 31 of the school year may be admitted to kindergarten. Please note that parents still have the choice to hold their child back from starting if they feel their child is not ready for kindergarten. This is most commonly applicable to children whose birthdays fall in the last three months of the year. If you're not sure your child is ready, please feel free to discuss it with Mrs. Fitzsimmons or Mrs. Wessel. If you have a student you expect to start kindergarten next year, please take the opportunity to contact the school for a registration form. Registration forms can also be found on the school's website. Complete the registration form and return it to the school office as soon as possible to help support academic planning for your children for next year. If you know others in our community to whom this applies, please put them in contact with the school.

I know the thought of entering school is a very exciting time for young children and their parents. Please contact us if you have any questions about the process and expectations. Although we don't have a winter open house, we can set up opportunities to tour the school and meet the teacher. Early in the spring, we will have an information meeting for kindergarten parents to explain the process and answer any questions you may have. Before the end of June we will also have an open house for the parents and children to attend.

If you have a younger student whom you feel would benefit from school programming, we also have application forms available for our PreKindergarten program. This is a morning program held Monday through Thursday for three and four-year-old children. Our school has a limit of 16 spots available for this program.

As next year's kindergarten students and parents prepare to start their time in school, our grade 12 students and parents have begun their preparations for graduation. We have Lakeview Church booked for Friday, June 12<sup>th</sup>. We will be meeting with the grade 12 students and sending the presentation with all of the information to parents after exams. We request that you review the information and respond if you are interested in serving on a parent grad committee. We will then schedule a meeting of interested committee members to plan the evening's activities.

Happy 2020!

## **CLAVET PRE-KINDERGARTEN**

The Clavet Pre-Kindergarten program for three and four year old children runs Monday to Thursday 9am-12pm. The open house date and times for Pre-Kindergarten for the 2020-2021 school year will be posted on our website and in upcoming newsletters. Applications will be available at the open house or at the office after the open house date. Children must be three years old by September 1st. Please call the office at 306-933-1022 or email [christine.findlater@spiritsd.ca](mailto:christine.findlater@spiritsd.ca) for more information.



## **KINDERGARTEN REGISTRATION for the 2020-2021 School Year**

Registration is now taking place for any child who will be turning five (5) by December 31, 2020. Please call the Clavet School at **306-933-1022** to enroll your child for the 2020-2021 school year. Registration is important for an accurate class count. **Please pass this information on to your neighbours and friends.** There will be an open house in the spring, watch upcoming newsletters and/or the website for more information.

Kindergarten  
Registration  
Information



If you have questions/concerns about your child starting kindergarten please call or E-mail Tracy Fitzsimmons at 306-933-1022 or [tracy.fitzsimmons@spiritsd.ca](mailto:tracy.fitzsimmons@spiritsd.ca)

## **COUGAR NEWS**

### **CHRISTMAS BANQUET**



A big thank you to our entire parent volunteer group for helping make the Christmas banquet a great success once again!

*Thank you!*

### **CHRISTMAS HAMPERS**



We would like to sincerely thank all of you who contributed to our Christmas Hamper Program! We gave hampers to 14 families to help make their holidays a little bit brighter. Your kindness and generosity were very much appreciated!

Sincerely,  
Tanya Kennedy

### **JUNIOR DRAMA**

Grade 5-8 students are invited to audition on January 23 or 24 at lunch or after school in Mrs. Bentley's room. Scripts and audition forms can be found outside her door. Performances will be on May 14.



## **HOT LUNCH CHANGES**

Jan 10 Subway Lunch - Jan 21

Jan 15 Sloppy Joe Lunch - Jan 22

Mar 27 Pizza Lunch - Mar 26



## **WINTER RECESS GUIDELINES**



Clavet School has established the following temperatures as a guideline for winter recess time. We would like all students be dressed properly (winter jacket, ski-pants, toque, mitts, boots etc.) as we try to go outside as much as possible. Many students ask to go outside even when temperatures dip low. The combined temperature is based on Environment Canada's temperature of Saskatoon.

At the time of the recess break:

- -26 °C and warmer – everyone outside
- -27 °C to -39°C – All students dress up and run to football shack and back or be a part of Polar Bear Club
- Polar Bear Club - only those dressed properly will have the option to stay outside with teacher supervision
- - 40 °C and colder – everyone is to be indoors

## **EXTREME COLD WEATHER AND WHEN THE BUSES DO NOT RUN**

We understand that it can be very difficult or next to impossible for some students to make it to school when the buses are not running. We don't want to put any pressure on parents or caregivers to bring their child(ren) to school, or on senior students to drive to school in the extreme cold weather and put their safety at risk. We do want to reassure parents and caregivers that if they are able to transport their child(ren) safely, that there are still meaningful learning opportunities that take place at Clavet School. We do not expect teachers to engage in new required learning when there are limited numbers of students at school but learning is still happening at the school. The atmosphere in the building is different but teachers and staff are working hard to provide these learning opportunities to students in the form of extra review, extension of the curriculum, remediation to help students gain a better understanding and/or time to catch-up on assignments that have not been completed.



For your information, the Prairie Spirit School Division Bus Garage makes the decision based on the 6 am combined temperature (air temperature and wind chill) if the buses will run for the day or not. They use Environment Canada's weather conditions for Saskatoon to make this decision and post their official decision on the PSSD website bus cancellation page, <https://www.spiritsd.ca/buses/>, shortly after 6 am. We also want to make it clear that if parents feel that it is unsafe for them to come to school at any time, they have the right to keep their child(ren) at home. We support the decisions of the parents and the bus drivers in making decisions that they feel are necessary to keep their child(ren) safe.

**Parents should be aware that the bus garage will no longer be calling families to advise of buses that have broken down or buses that will be running late. This information will now be relayed to individual families through the My Stop app. If you are not currently using the MyStop app, please contact the school for your username and password. All bus information will also continue to be updated on the PSSD website bus cancellation page and the hotline.**

## **MARAFUN**

Grade 1-6 students will once again have the opportunity to be part of the Clavet Cougars Marafun team. Melissa Threlfall and Shantel Galambos will be the organizers of this team and Peter Schmidt will be the school representative. This is a fun extra curricular club where students will prepare for a 2.2 km run on Sunday, May 31st at 11:00 am at Diefenbaker Park in Saskatoon. Students will take part in running practices once a week during the noon-hour recess and attempt to run a marathon over the weekly practices that take place from March - May. There is a \$15 cost to register, before Jan. 31st (\$20 after Feb. 1st), and students must register online

at <https://raceroster.com/events/2020/26611/2020-marafun-saskatchewan-marathon>. Make sure use the Team Name: Clavet Cougars and Team Leader Name: Peter Schmidt. It will be the parents responsibility to transport their child to the 2.2 km on May 31st at 10:00 am at Diefenbaker Park in Saskatoon. The weekly practice times will be announced after the February break.

## **EXAM SCHEDULES:**

In an effort to help families better plan their holidays, the exam schedules for January can be found below. We ask that you please remember that exam time should be a priority when scheduling trips or events.

## **Clavet Composite School** **January 2020 Exam Schedule**

Please note:

- Students must remain in the exam for a minimum of one hour.

	<b>Monday, January 27</b>	<b>Tuesday, January 28</b>	<b>Wednesday, January 29</b>	<b>Thursday, January 30</b>
<b>Morning Exams 9:00 – 11:30</b>	Science 10(5 <sup>th</sup> period) Foundations of Math 10 Pre Calculus 20 Enviro. Science 20	Foundations 20 Biology 30	Workplace Math 10 Physical Science 20 Foundations 30 Canadian Studies 30	Science 10(4 <sup>th</sup> period) Workplace Math 20 History 20 Pre Calculus 30
<b>Afternoons Exams 12:30 – 3:00</b>	Workplace Math 30			

ELA 10A, ELA B10, ELA 20, ELA A30, ELA B30 - Interview Final Exam (scheduled with the teacher to happen during exam week)

Project Based Finals - Garage Band 10/20, Guitar 10/20, IA 10, Home Ec. 10, Visual Arts/Photography 10, Visual Arts/Photography 20/30, Home Ec 20/30, Food Studies 30, IA 20/30, French 20/30, Psychology 20/30

No Final – Wellness 10, Personal Fitness 20/30

## **DATES TO NOTE**

<b>JAN.17&amp;18</b>	<b>COUGAR CLASSIC SR. BOYS BASKETBALL TOURN.</b>
<b>JAN. 27 – 30</b>	<b>HIGH SCHOOL EXAMS</b>
<b>JAN. 30</b>	<b>END OF SEMESTER I</b>
	<b>END OF QUADMESTER II (Gr.7-9)</b>
<b>JAN. 31</b>	<b>PREPARATION DAY - NO CLASSES</b>
<b>FEB. 3</b>	<b>START OF SEMESTER 2</b>
	<b>START OF QUADMESTER III (Gr.7-9)</b>
<b>FEB. 5</b>	<b>TERM II REPORT CARDS - GR. 10-12</b>
<b>FEB. 17</b>	<b>FAMILY DAY – NO CLASSES</b>
<b>FEB. 18-21</b>	<b>WINTER BREAK—NO CLASSES</b>

**The Clavet Volunteer Group** this year has been focusing on helping the homeless. We have been volunteering at the Saskatoon Food Bank and Learning Center. To further our efforts we are putting together hygiene packages which will be handed out at the Food Bank for those who can't afford these things that most of us take for granted. We are collecting until February 7<sup>th</sup>. We will then put the packages together and bring them to the Food Bank the following week. Our goal is to get them out around Valentine's Day as special self-care packages.

There is a box in the main hall in front of the display cases at the school in which donations can be dropped off. The box is labeled "Donations for Homeless Care Packages". If you wish to donate money that can be dropped off to Mrs. Hamm's room and given directly to Mrs. Hamm.

Below is a list of the types of items we are looking for. **Please note that we can only accept unused and unopened items.**

- Soap
- Deodorant
- Toothbrushes
- Hairbrush
- Lip chap
- Baby Wipes
- Feminine Hygiene Products



- Toothpaste
- Socks
- Lotion
- Dental Floss
- Diapers
- Mitts
- Toques
- Blankets

We'd like to thank everyone for their support with this project. It really will make a difference.

Clavet Volunteer Group



## COMMUNITY NEWS

Happy New Year Clavet Football Families!!!! 2020 promises to be the biggest and best year yet. Clavet Minor Football offers the full list of programs in the spring for all ages. As our organization continues to grow, the need for new coaches does as well. If interested in joining the Cougar flag or tackle football programs as a coach please contact Chad at (306)281-5225 or private message.

Team codes for spring flag football are as follows:

Colts (Grades 1&2)- m6e2

Stampeders (Grades 3&4)- r5c9



Flag season generally consists of one practice per week (date chosen by coach) and one game on Saturdays.

Clavet six a side tackle programs will be having teams in both the Hilltop (Grades 5&6) and Huskie (Grades 7-8) divisions. The schedule consists of practices Sunday and Tuesday nights, with games at SMF Field on Thursday nights. Fees are \$395 dollars, but to get the most bang for our buck, Clavet has been invited to tackle jamborees in Hafford and Melfort. As a fundraiser Clavet plans on hosting a jamboree as well.

All registrations are done through [saskatoonminorfootball.com](http://saskatoonminorfootball.com) and are pretty self explanatory. When signing up use Clavet as community drop down, or use the team code provided above. If there are any questions or concerns feel free to contact Chad (info above) at any time.



Let's break last years record numbers. Let's go Cougars!!!!

Chad Hunt



We are now accepting applications for **SUBSTITUTE CARETAKING help.**

In order to maintain our school building to the highest possible standard, we require substitute caretaking help in our school. If you are interested in working on a casual basis, please contact Brian Matisz, Principal at 306-933-1022 or Amy Sawyer, Operations Assistant at 306-683-2918, as soon as possible for more information.

**Students**, parents and community members are welcome to apply.

Clavet Peewee A Cougars

**BINGO NIGHT**

THURSDAY, Jan 30

5:30PM-8:30PM

5:30 to 6:30 Soup served

AT Clavet Community Hall

Please contact a Peewee A player for tickets Or Sherri Goebel (306)270-2453

Made with PosterMy



# Clavet School Nutrition Program

Jan 2020



## Make a Healthy New Year Resolution

Fresh veggies are available free of charge daily for students 7-12 in the high school servery on a first come basis.

Elementary students are served fresh vegetables in their classroom on a rotating basis.

A special thanks to the Grade 3 students and parent volunteers that come regularly to come cut up and bag veggies for our students.



## Clavet School Milk Program



Milk cups for the second term are available for purchase starting at the end of January until June for the price of \$25.

Don't miss out on this great opportunity to get milk every day.

## A Clavet Thank-you to The Stonebridge CO-OP

The Grade 4 class created a thank you banner for the Stonebridge CO-OP for their ongoing support of our nutrition program.





# Home & School

## Working Together for School Success

### CONNECTION®

January 2020

Sponsored by your School Community Council

#### SHORT NOTES

##### Snow day plan

Make sure you have a plan in place for weather-related school closings and delays. You might ask a coworker to swap shifts or see if you could telework when school is canceled. If you can't get home in time for an early closing, find a relative or neighbor to pick up your child from school or meet him at the bus stop.

##### What's that sound?

Play this game to sharpen your youngster's listening skills. Have her close her eyes while you make a noise. Can she identify the jingle of the dog's leash or the "pop" of the toaster? Trade roles, and let her create a sound for you to figure out.

##### Support for grandfamilies

If you're raising a grandchild, ask the school counselor about "grandfamily" support groups. You'll meet other grandparents to swap advice and discuss the joys and challenges of parenting the second time around. Some may even offer grandparent-grandchild activities where your youngster can meet other kids with families like his.

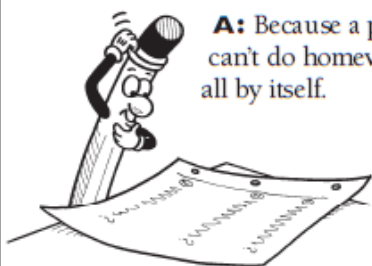
##### Worth quoting

"If you see a friend without a smile, give him one of yours." *Proverb*

#### JUST FOR FUN

**Q:** Why do you do homework with a pencil?

**A:** Because a pencil can't do homework all by itself.



## Goal setting: A recipe for success

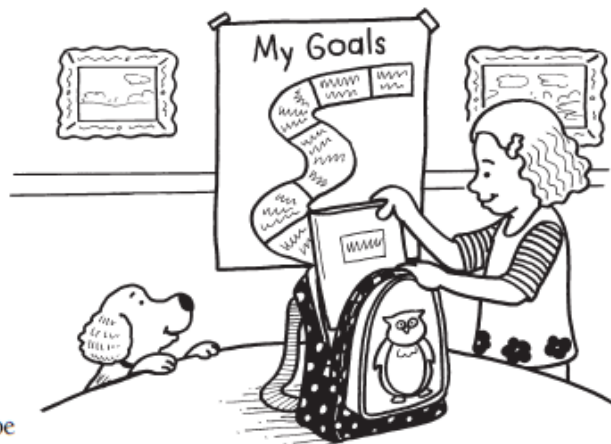
Reaching a goal involves more than just hoping and dreaming. Here's how your child can practice setting, tracking, and achieving goals—skills that will serve her well now and in the future.

##### Be specific

What would your youngster like to accomplish? Maybe she wants to earn higher grades or become a better gymnast. Suggest that she narrow down the goal so it's more targeted. Her goal might be "I will turn in all of my assignments on time" or "I will move up one level in gymnastics this year."

##### Map it out

Breaking a goal into small steps makes it feel more manageable. Your child could draw a winding road on paper, add lines to divide it into segments, and write a step in each one. Examples: "Put my planner in my



backpack when school ends" or "Do my beam routine five times in a row without falling off." She can color each step as she completes it.

##### Check in

Support your child in sticking to her plan. Say she falls behind on a long-term project. Together, look at her planner and find slots of time where she can catch up. Or if she has to miss gymnastics class one day, offer ways to practice at home like using a strip of duct tape as a balance beam.♥

## Parent helpers

School volunteer opportunities come in all shapes and sizes to fit anyone's schedule. Consider these ways you might help your youngster's school.

● **Contribute supplies.** Offer to save recyclables to use in the classroom. Ask the teacher what he needs—perhaps plastic bottle caps for math games or baby-food jars for snow globes. *Note:* If you have clothes your child has outgrown, find out whether the school nurse could use them.

● **Share a talent.** See if you can help with an after-school or evening activity. Love music? Maybe you could tune students' instruments before a concert. If you're a runner, you might help coach a running club. Or if you enjoy arts and crafts, volunteer to make scenery or sew costumes for a play.♥





## Screen-free play

Studies show that kids who spend less time in front of screens tend to be healthier and earn higher test scores. Encourage your youngster to enjoy “unplugged” play with these ideas.

**Nature time.** Electronics don't grow on trees—so going outside to play is one of the easiest ways to avoid screen time. You and your child can bundle up and go for a walk or throw a football around. You'll both enjoy being outdoors and spending special time together.



### A screen-free corner.

Create a spot for your youngster to store his favorite non-electronic items like jigsaw puzzles, board games, and play dough. He could put them on shelves or in bins and hang up a sign that says “Screen-free zone.” He'll have an inviting place to exercise his brain without technology.♥

## ACTIVITY CORNER A dancing snake

Air currents make a paper “snake” wiggle and dance with this simple science experiment.

**Materials:** crayons, paper plate, scissors, yarn, lamp



Have your youngster use a crayon to draw a spiral on the paper plate. She can decorate the snake with patterns, then cut it out. Poke a small hole in the snake's head, and tie on a piece of yarn.

Turn on the lamp, and let your child hold her snake by the yarn at least 1 foot above (not touching) the warm light-bulb. Her snake will dance and spin.

What's going on? As warm air created by the lamp rises, cooler air moves in to replace it. This constant motion creates air currents that move the snake around.♥

## Write organized reports

This three-step strategy will set your youngster up to write a clear, well-organized report.

### 1. Choose your topic

Say your child is supposed to write about an animal. The process will be more fun if she picks an animal she finds interesting—and her enthusiasm is likely to come through in her writing.

### 2. Brainstorm questions

What does your youngster want to know about her topic? If she chose penguins, she might decide to research what they eat or how many eggs they lay at a time. She could write each question on a separate index card.

### 3. Collect facts

Your child can read about penguins in library books and online. As she researches, she should fill each card with facts. She might write information about a penguin's diet on one card and offspring on another. *Tip:* She can use each card to write one paragraph in her report.♥



## Q & A Keep an eye out for bullying

**Q:** My son has been coming home from school with bruises. He keeps saying he fell at recess, but I worry he's being bullied. What should I do?

**A:** Start by talking to his teacher. Tell her what you've noticed, and ask if she's aware of any recess accidents. If she isn't, let her know you're concerned about bullying, and ask her to keep an eye out.

Then, ask your son if he has ever felt unsafe in school or if he has seen anyone being hurt or being teased repeatedly.

Also, explain that he should always get adult help right away if anyone is hurting him or someone else. After all, bullying isn't a problem he's expected to handle alone, and it can get worse if adults don't step in.

Once you get the ball rolling, he might open up. If he admits to being bullied, meet with the teacher to make a plan for putting an end to it. And if he doesn't, the teacher will be aware of the situation and can alert you if she observes bullying.♥



### OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators,  
a division of CCH Incorporated  
128 N. Royal Avenue • Front Royal, VA 22630  
800-394-5052 • rfeustomer@wolterskluwer.com  
www.rfeonline.com

ISSN 1540-5621