



# COUGAR NEWS



November 19, 2019

No. 3

Clavet School

## **ADMINISTRATOR'S MESSAGE**

The end of November is the official end of the fall sports season. Congratulations to the football and volleyball teams. Both programs had young teams that improved steadily through their seasons. Their final performances show great promise for next season.

The senior musical group is working hard to prepare for their annual performance. They will be presenting their version of **Footloose** on December 8<sup>th</sup> and 9<sup>th</sup>. Congratulations to all of the fall senior and junior teams on their performances and development throughout the season. Thanks especially to the coaches and activity supervisors for your willingness to volunteer your free time to provide these additional opportunities for our students. We know that the lessons the students learn in their classes are important, but the memories that they forge through extra-curricular opportunities are cherished.

The official start for the senior basketball season was Monday, November 18<sup>th</sup>. Our junior teams have also begun. Please monitor the announcements posted on our website for updates. Thanks to the community members who have taken a lead role in coaching these teams.

November also signals the distribution of the first report cards of the year with the senior report cards distributed this Wednesday and the elementary report cards planned for December 4<sup>th</sup> distribution. We encourage the ongoing dialogue among teachers, students and parents in addressing the needs of all learners. I hope you had a chance to begin that conversation with the interviews held last month. Hopefully, this month's report cards will provide additional information on progress to date, and on steps towards the next learning goal.

We have already begun to see more winter-like temperatures. There are invariably days throughout the winter during which weather conditions prevent the safe travel of the students on the school division's buses. Please note that even when the buses are cancelled, parents are welcome to transport their children to school. This seems to be more of a challenge for our grade 7-12 students. If we don't have enough students in the classes for new instruction, it is a great opportunity for students to get some individual support.

Enjoy the winter. Let's hope that it beats the forecast and is mild and short.



## **EXTENDED LEAVE OF ABSENCE FORM**

If your child will be away from school for a period of 5 days or longer, an Extended Period of Absence Form must be filled out. Teachers will fill out the form with homework, exams, and assignments that will be missed. The form is then signed by a parent and returned to the office.



## **REMEMBRANCE DAY CEREMONY**



Our Remembrance Day Ceremony was held on Thursday, November 7 at 11:05 a.m. and was a great time of reflection and remembrance.

Thanks to Grayson W., Brad Y., Alysha M., and Yolanda Heuchert for speaking at the ceremony and reminding us of the sacrifices made by so many service men and women over the last hundred years. Thank you to Zoe A. and Mikaela M. for their efforts behind the scenes that helped set the atmosphere of reverence and respect.

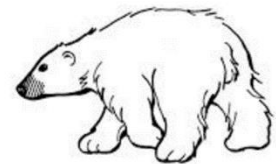
We were privileged to have the Prairie Spirit Senior Band playing at our ceremony. Their presence and playing was very special and added a lot to our ceremony, so thank you very much to them as well.

Clavet School puts on a Remembrance Day service every year and though it is primarily for the students, we really appreciate all of the community members who come to observe this important day with us. We hope that it was a good experience for all who were present and a reminder of what a wonderful country this Canada truly is.

## **WINTER RECESS GUIDELINES**

Clavet School has established the following temperatures as a guideline for winter recess time. We would like all students be dressed properly (winter jacket, ski-pants, toque, mitts, boots etc.) as we try to go outside as much as possible. Many students ask to go outside even when temperatures dip low. The temperatures are based on Environment Canada's temperature of Saskatoon.

- -26 °C and warmer – everyone outside
- -27 °C to -39°C – All students dress up and run to shack and back or be a part of Polar Bear Club
- Polar Bear Club - only those dressed properly will have the option to stay outside with teacher supervision
- - 40 °C and colder – everyone is to be indoors



Sleds: need to be soft foam and they usually have a thin layer of plastic on the bottom. No hard plastic will be allowed for student safety.



## **CLAVET SCHOOL PRESENTS THE MUSICAL - FOOTLOOSE**

Clavet School presents the musical, Footloose! We will be having a dessert theatre Sunday Dec. 8<sup>th</sup> tickets are \$15.00. Please see Mrs. Dyck if you want tickets. Monday Dec. 9<sup>th</sup> there will be another performance starting at 7:00 pm. Tickets will be for sale at the door. Doors open at 6:30 pm. Adults \$10.00, students \$5.00, children 5 and under are free. There will also be popcorn and a drink for sale for \$2.

## **THE SRC CHRISTMAS DINNER**

The SRC Christmas Dinner will be held on December 20<sup>th</sup> for students in grades 7-12. Traditionally, it has been the grade 7 parents who are asked to help cook the turkeys and help prepare the meal at the school. However, if you are the parent of a grade 8-12 student who would be able to cook a turkey or work a shift in the kitchen, please email Angie Davies at [angie.davies@spiritsd.ca](mailto:angie.davies@spiritsd.ca).

Thank You!!



## **CHRISTMAS HAMPER PROGRAM 2019**

The cold and snow are reminding me that Christmas will be here before we know it which means it is time for us to start planning for our Christmas Hamper Program. We know that Christmas can be a stressful time of year for some families. The community of Clavet has a fantastic history of coming together to support families in need and we're hoping that tradition will continue this year!

Students and staff at the school are going to be working together to make sure families in Clavet have what they need to have a great Christmas. We'll be asking for contributions from those of you who are able to help us with this cause. Non-perishable food donations, and/or monetary contributions, will be gratefully accepted. Further details will be given once we're ready to begin collecting donations.

We need information in order for our program to be a success. There is a request/referral form attached to this letter. If you and your family could use support this Christmas, please let us know. If you suspect that a community member could use some additional help we ask that you'd share that information with us. Any information that you provide will remain confidential. Please feel free to contact Tanya Kennedy at 306-933-1029, or email her at [tanya.kennedy@spiritsd.ca](mailto:tanya.kennedy@spiritsd.ca), if you'd like more information.

Thank you for your help in making the Christmas Hamper Program 2019 a success!

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Please contact me regarding a Christmas Hamper

Name \_\_\_\_\_  
Phone \_\_\_\_\_

This family may need support this Christmas

Name \_\_\_\_\_  
Phone \_\_\_\_\_



The SLC is collecting gently used winter clothing items (jackets, mitts, toques, socks, etc.)

Please donate if you can to support local families in need.

Please wash all clothing items before donating them as well.

Thanks for your support

Clavet SLC



The Clavet band program is looking for donations of all band instruments including Flutes, Clarinets, Alto Saxophones, Tenor Saxophones, Trumpets, Trombones, and Baritones/Euphoniums. Any and all donations to our program are greatly appreciated, and will enrich the music lives of our students for years to come. Please contact the Administrative Assistant at your school if you are able to help.



Tax receipts will be provided.

### **DATES TO NOTE**

**NOV. 20**

**NOV 18-22**

**DEC. 4**

**DEC. 13**

**DEC. 17**

**DEC. 20**

**DEC. 20**

**DEC.23-JAN. 5**

**JAN. 6**

**JAN. 9**

**GR.10-12 REPORT CARDS**

**GRADE 12 WORK ED**

**GR. K-9 REPORT CARDS**

**DIVISION WIDE WINTER BAND CONCERT**

**K-6 CHRISTMAS CONCERT**

**7-12 CHRISTMAS BANQUET**

**LAST DAY OF CLASSES**

**CHRISTMAS BREAK – NO CLASSES**

**CLASSES RESUME**

**BEGINNER BAND RETREAT**

## COMMUNITY NEWS

We are now accepting applications for **SUBSTITUTE CARETAKING help**. In order to maintain our school building to the highest possible standard, we require substitute caretaking help in our school. If you are interested in working on a casual basis, please contact Brian Matisz, Principal at 306-933-1022 or Randy Willms, Caretaking Supervisor at 306-683-2916, as soon as possible for more information. Students, parents and community members are welcome to apply!!



### Clavet Skating Club Open House



We invite all interested children to try the CanSkate program! Our program is a dynamic learn-to-skate program that focuses on fun, participation and basic skill development.

Come join us at the Clavet Rink  
Wednesday November 20th  
5:45pm - 6:30pm  
Or  
Friday November 22nd  
5:45pm - 6:30pm



All Skaters must be preregistered (form online @ [www.clavetskatingclub.com](http://www.clavetskatingclub.com)) and wear a CSA approved helmet

### Alliance Kids Plus Insurance Information



The main website at [kidsplus.ca](http://kidsplus.ca) will continue to be available for parents to purchase coverage, access claims forms and full plan information online. Additionally, for 2018 we've decided to take our mission to be green one step further by discontinuing distribution of all Kids Plus™ Notices (Brochures) to reduce our overall paper use. These changes are part of our ongoing commitment to continuously provide superior and meaningful service to our partners and clients while reducing our impact on the environment.

# Clavet School Nutrition Program



Nov 2019

Good nutrition  
supports  
healthy learning!!

## Healthy Breakfast snacks

ARE available 5 days a week at no cost for grades K-12 and are ready to pick up as soon as students get off the bus. There are 3 tables setup: 2 in the elementary wing and 1 upstairs in the high school wing outside the servery.

### Breakfast Snacks

*Bananas  
Apples  
Oranges  
Yogurt  
Cheerios  
Whole Wheat Bread  
Wow Butter  
Strawberry Jam  
Smoothies  
Homemade Muffins  
Homemade Powerbites  
Yop*



*A Thank You poster was made by  
the creative Grade 3 class.*

Thanks to the Stonebridge COOP  
for their continued support



# Home & School

## Working Together for School Success

### CONNECTION®

November 2019

Sponsored by your School Community Council

#### SHORT NOTES



##### Promises matter

Before you promise your child something—for instance, that you'll take him to the playground—make sure you'll be able to follow through. This teaches him that he can count on you, and he'll learn to keep promises, too. *Tip:* If needed, include contingencies. ("We'll go as long as it's not raining.")

##### Speak up about allergies

Family gatherings are good opportunities for your youngster to speak up about food allergies, whether she has one herself or is being considerate of others. She might ask the host if a casserole contains eggs or tell a cousin who's allergic to dairy that there's milk in the mashed potatoes.

##### Boost working memory

This activity improves your child's working (or short-term) memory. Have him close his eyes while you draw three emojis (cupcake, sun, leaf). Let him study the paper for five seconds, flip it over, and try to name the emojis. Repeat the activity, adding one more each time. How many can he remember?

##### Worth quoting

"When you see someone without a smile, give them one of yours."  
Zig Ziglar

#### JUST FOR FUN

**Q:** What's black and white and black and white and black and white?

**A:** A penguin rolling down a hill.



## An atmosphere of learning

When families create a supportive learning environment at home, children are more successful in the classroom. Use these tips to make your home a great place for your youngster to learn.

##### Stock up

Fill your house with items your child can use to explore and investigate. Visit the library regularly so you always have plenty of books. Have her set aside a drawer for math and science supplies (ruler, measuring cups and spoons, food coloring, seeds). Also, display a map or globe—when she reads or hears about a place, she can discover where it's located.

##### Build on interests

Notice what your youngster is into, such as dinosaurs or music, and help her learn more about it. Read nonfiction books or watch documentaries together. Let her make a hallway gallery based on her interests. She could create and hang up posters to share interesting facts and photos with family members.



##### Learn together

Learn something new as a family. You might work on American Sign Language and then practice together. Or learn to code or knit. You'll enjoy a new hobby as you expand your knowledge. Also, plan special nights where you play board games. Try ones that build language skills (Scrabble, Boggle) or involve math or logic (Monopoly, chess).♥

#### I'm thankful for...

What is your family grateful for? Try this idea to find out—and teach your child about gratitude.

**Pick categories.** Choose six crayons, and assign each color a category. *Example:* red = person, blue = place, green = object, yellow = food, orange = animal, purple = your choice. Place the crayons in a bowl, and give each person a sheet of paper.

**Draw and write.** Take turns selecting a crayon, drawing a heart on your paper, and writing something you're grateful for that matches the category. Your youngster might write "My Aunt Amy" in red and "Macaroni and cheese" in yellow.

**Share.** Once everyone has a heart of every color, read what's in your "hearts" to each other. Display the papers for a nice reminder to be grateful all year long!♥

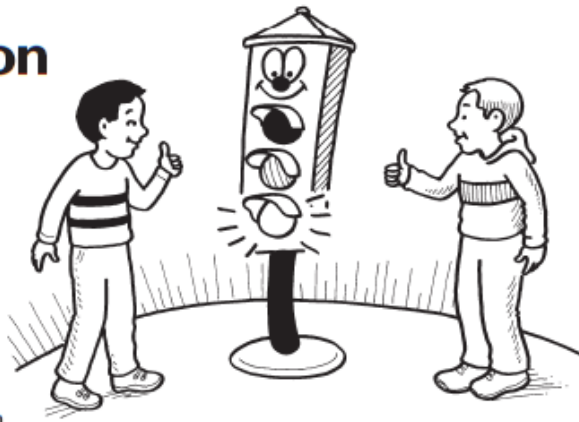


## Conflict resolution know-how

Healthy conflict resolution skills help your child maintain friendships, solve problems, and stand up for himself in positive ways. Share these strategies.

### Red light! Green light!

Problems are easier to solve when your youngster is calm. Suggest that he think of a feeling like anger or frustration as a “red light”—a signal to stop and think. Say he and a friend are arguing over the topic for their group



presentation. He might take a few deep breaths or walk away for a little while. Once he calms down (the light turns green), he may be ready to think of a solution, such as combining their ideas to create a whole new topic.

### “I” statements

When your child is trying to resolve a conflict, suggest that he start each statement with “I” instead of “you.” Example: “I get angry when I’m yelled at” rather than “You make me angry.” He’ll put the focus on his own feelings rather than blaming the other person—which can keep the conflict from escalating.♥

## Q & A Attend parent-teacher conferences

**Q:** My son usually gets good grades and isn’t having any problems in school. Do I still need to go to a parent-teacher conference?

**A:** Yes! A conference lets you and your child’s teacher exchange information beyond what’s on his report card. Plus, meeting with the teacher is one way to keep the lines of communication open.



The teacher will talk about your son’s strengths and areas for improvement. For instance, he might say he has good work habits but could participate more in class. And you may get to see his writer’s notebook or science journal. You’ll also learn how he’s doing socially—does he get along well with others?

Finally, ask the teacher what you can do at home to support your son.♥

### OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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## ACTIVITY CORNER

### Persuasive writing: Buy my product

Could your child convince someone to buy a rock? What about an ice cube? This silly family activity lets her practice persuasive writing by creating a commercial for an unlikely “product.”

**1. Decide what to sell.** Ask each family member to think of something you probably wouldn’t buy in real life, such as an empty cardboard box, a snowball, or a brick.

**2. Write a script.** Each person should make up a commercial advertising her product. Include a vivid description of your item and convincing reasons to buy it. Example: “Introducing our smooth, perfectly square ice cube! Just this single cube will keep your small glass of lemonade nice and cool—without watering it down.”

**3. Present your ads.** Take turns performing your commercials in your best TV-announcer voice. The advertisement voted most persuasive wins!♥



## PARENT TO PARENT

### Mix math with fitness

When my daughter Elizabeth was working on addition facts, we invented a game to help her practice—and to give all of us some exercise.

She wrote the numbers 1–10 on separate index cards, and I hid them around our yard. Then, she wrote the same numbers on separate craft sticks and put the sticks (number ends down) in a cup. We took turns drawing a stick, running to find any number card, and

adding the two numbers to get our score for that turn. So if Elizabeth drew the 10 stick and got a 6 card, her score would be 16, since  $10 + 6 = 16$ . The winner was the person with the highest score after all the sticks were used.

Our game has grown with Elizabeth. Once she mastered basic addition facts, we wrote bigger numbers to play with. And now that she’s learning multiplication, we multiply to get our score.♥

