

COUGAR NEWS



January 15, 2019

No. 05

Clavet School

ADMINISTRATOR'S MESSAGE

Welcoming the New Year is traditionally accompanied with resolutions and goals. We encourage our students to reflect on the goals they set at the beginning of the school year. The key to accomplishing those goals is to reflect on the successes and challenges of our ongoing efforts, and to refocus our efforts with renewed purpose. I encourage you to help your children to discuss the things that may be challenging them from accomplishing their goals, and to help celebrate the progress that they have made thus far.

This is also the time of year when we begin to make preparations for next year. We are now accepting kindergarten registrations for the 2019/2020 school year. According to Prairie Spirit School Division policy, children who are five years of age as of December 31 of the school year may be admitted to kindergarten. Please note that parents still have the choice to hold their child back from starting if they feel their child is not ready for kindergarten. This is most commonly applicable to children whose birthdays fall in the last three months of the year. If you're not sure your child is ready, please feel free to discuss it with Mrs. Fitzsimmons or Mrs. Wessel. If you have a student you expect to start kindergarten next year, please take the opportunity to contact the school for a registration form. Registration forms can also be found on the school's website. Complete the registration form and return it to the school office as soon as possible to help support academic planning for your children for next year. If you know others in our community to whom this applies, please put them in contact with the school.

I know the thought of entering school is a very exciting time for young children and their parents. Please contact us if you have any questions about the process and expectations. Although we don't have a winter open house, we can set up opportunities to tour the school and meet the teacher. Later in the spring, we will have an information meeting for kindergarten parents to explain the process and answer any questions you may have. Before the end of June we will also have an open house for the parents and children to attend.

If you have a younger student whom you feel would benefit from school programming, we also have application forms available for our Prekindergarten program. This is a morning program held Monday through Thursday for three and four-year-old children. Our school has a limit of 16 spots available for this program.

As next year's kindergarten students and parents prepare to start their time in school, our grade 12 students and parents have begun their preparations for graduation. We have Lakeview Church booked for Friday, June 14. We will be meeting with the grade 12 students and sending the presentation with all of the information to parents after exams. We request that you review the information and respond if you are interested in serving on a parent grad committee. We will then schedule a meeting of interested committee members to plan the evening's activities.

Happy 2019!

CLAVET PRE-KINDERGARTEN

The Clavet Pre-Kindergarten program for three and four year old children runs Monday to Thursday 9am-12pm. The open house date and times for Pre-Kindergarten for the 2019-2020 school year will be posted on our website and in upcoming

newsletters. Applications will be available at the open house or at the office after the open house date. Children must be three years old by September 1st. Please call the office at 306-933-1022 or email christine.findlater@spiritsd.ca for more information.

KINDERGARTEN REGISTRATION for the 2019-2020 School Year

Registration is now taking place for any child who will be turning five (5) by December 31,

2019. Please call the Clavet School at **306-933-1022** to enroll your child for the 2019-2020 school year. Registration is important for an accurate class count. Please pass this information on to your neighbours and friends. There will be an open house in the spring, watch upcoming newsletters and/or the website for more information.





If you have questions/concerns about your child starting kindergarten please call or E-mail Tracy Fitzsimmons at 306-933-1022 or <u>tracy.fitzsimmons@spiritsd.ca</u>

COUGAR NEWS

CHRISTMAS BANQUET



A big thank you to all of our parent volunteers for helping make the Christmas banquet a great success once again!

Thank you!

CHRISTMAS HAMPERS



We would like to sincerely thank all of you who contributed to our Christmas Hamper Program! We gave hampers to 14 families to help make their holidays a little bit brighter. Your kindness and generosity were very much appreciated! Sincerely, Tanya Kennedy

EXAM SCHEDULES:

In an effort to help families better plan their holidays, the exam schedules for January can be found below. We ask that you please remember that exam time should be a priority when scheduling trips or events.

Clavet Composite School January 2019 Exam Schedule

Please note:

• Students must remain in the exam for a minimum of one hour.

	Tuesday,	Wednesday,	Thursday,	Friday,	Monday,
	January 22	January 23	January 24	January 25	January 28
Morning Exams 9:00 – 11:30	HLTH SCI 20 PRECALC 30	FDN MATH 20 BIOLOGY 30	PRECALC 20 SCI 10	PHYS SCI 20 W&A MATH 10	W&A MATH 20 CHEM 30

	Tuesday,	Wednesday,	Thursday,	Friday,	Monday,
	January 22	January 23	January 24	January 25	January 28
Afternoons Exams 12:30 – 3:00	ELA A30	W&A MATH 30 HIST 10	ELA B10 CAN ST 30	PHYSICS 30	ELA 20 FDN & P MATH 10

DATES TO NOTE

JAN.18&19	COUGAR CLASSIC SR. BOYS BASKETBALL TOURN.
JAN. 22 – 28	HIGH SCHOOL EXAMS
JAN. 28	END OF SEMESTER I END OF QUADMESTER II (Gr.7-9)
JAN. 29	PREPARATION DAY - NO CLASSES
JAN. 30	START OF SEMESTER 2 START OF QUADMESTER III (Gr.7-9)
FEB. 8	TERM II REPORT CARDS - GR. 10-12
FEB. 18	FAMILY DAY – NO CLASSES
FEB. 19-22	WINTER BREAK—NO CLASSES

COMMUNITY NEWS



The SCC would also like to thanks the moms who donated soup/chili, buns, goodies, and time to the teacher's lunch on Christmas concert day. As always it was greatly appreciated by all staff and they enjoyed every bite.

Dear Parent or Guardian,

Population and Public Health's Oral Health Program will begin providing dental services in your school in January,2019.

The services are provided at no charge and include:

• Dental sealants and fluoride varnish for Grade 1 children who enroll in the Dental Sealant Program. Consent forms will be sent home with children. Please complete the form and return it to school, so that your child can participate.

• Dental sealants and fluoride varnish for Grade 2 children previously enrolled in the Dental Sealant Program. Information will be sent home. If there has been a change in enrollment or medical history since you completed forms last year, please contact me.

• Dental Assessment for Grade 8 children previously enrolled in the Dental Sealant Program

• Dental Screening Grade 1 and Grade 7 children. All children will be seen unless parent(s)/guardian(s) do not want their child screened. This brief visual screening is done by a licensed dental therapist. A Dental Screening Results letter will be sent home after the dental screening. Please contact your dental therapist, Gwen Sawicki, at 306-381-3297 if you do not want your child to participate.

If you have questions, please contact your Dental Therapist at 306-381-3297.



Saskatchewan Health Authority

We are now accepting applications for



SUBSTITUTE CARETAKING help. In order to maintain our school building to the highest possible standard, we require substitute caretaking help in our school. If you are interested in working on a casual basis, please contact Brian Matisz, Principal at 306-933-1022or Randy Willms, Caretaking Supervisor at 306-683-2916, as soon as possible for more information. **Students**, parents and

community members are welcome to apply.





Make a Healthy New Year Resolution

Fresh veggies are available free of charge daily for students 7-12 in the high school servery on a first come basis.

Elementary students are served fresh vegetables in their classroom on a rotating basis.

A special thanks to the Grade 3 students and parent volunteers that come regularly to come cut up and bag veggies for our students.





Milk cups for the second term are available for purchase starting at the end of January until June for the price of \$25. Don't miss out on this great opportunity to get milk every day.

A Clavet Thank-you to The Stonebridge CO-OP

The Grade 1 class created a thank you banner for the Stonebridge CO-OP for their ongoing support of our nutrition program.





Home& Schoo CONNECTION Working Together for School Success

January 2019



A fresh start Help your youngster

begin 2019 on a positive note. As she returns to school after winter break, have her ease back into familiar routines. She may need gentle reminders to resume habits like setting an alarm before bed, packing a snack in the morning, or showing you papers from her backpack after school.

Everyday fitness

To inspire your child to lead an active lifestyle, look for ways to fit physical activity into his day. For instance, turn on upbeat music and dance while the two of you do chores. Or he could do jumping jacks while waiting for the microwave to beep.



Laughing releases feelgood hormones that relieve stress. Take

time each day to enjoy a good laugh with your youngster. Write a joke on a sticky note, and put it on her placemat at the dinner table. Share a funny video you find, or play a game that will make everyone laugh, such as charades or Pictionary.

Worth quoting

Children are our most valuable resource." Herbert Hoover

JUST FOR FUN

Q: What has one eye but can't see?



C 2018 Resources for Educators, a division of CCH incorporated

Read to succeed

Whether your child is solving a word problem in math or following instructions for a science experiment, strong reading skills play an important role. Here are activities to build his comprehension as he learns in three key subjects.

Math

Suggest that your youngster read a math

story problem aloud and then retell it in his own words-leaving out the numbers! This allows him to focus on what the problem is asking him to do before he tries to solve it. Example: "A panda had a lot of bamboo. Then he ate some. Now he has less. How much bamboo does he have left?" He'll know that he needs to subtract.

Science

Diagrams, charts, tables, and other graphics help your child "see" science concepts. Encourage him to create his own visual aids. If he's reading about the

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layers of the Earth, maybe he will draw a diagram and label the crust, mantle, outer core, and inner core.

History

Your youngster will go back in time by reading historical fiction about topics he studies. He'll feel as if he's walking the streets of ancient Greece, for instance, while also getting background information on people, places, and events. He might try a series like Magic Tree House (Mary Pope Osborne) or Blast to the Past (Stacia Deutsch and Rhody Cohon).♥

Stay in touch with teachers

Think of communication with your child's teacher as an ongoing conversation. Consider these tips.

Share the good. Let the teacher know that your youngster enjoyed working on a project or that you liked the class play. Email her, or send a note to school with your child.



• Work through problems. If the teacher contacts you with a concern about your youngster, first listen to what she has to say. Respond calmly, and ask what you can do at home to help. Then, follow up with the teacher regularly to see how things are going.♥

What does respect mean?

Showing respect will be easier for your youngster if she knows what respect sounds like and looks like in everyday life. Try these ideas.

Make a "quote board." Have your child label a poster board or a bulletin board "The Sounds of Respect." When a family member hears respectful language, she can write it on a sticky note and add it to the board. For instance, your youngster might



Adventures by mail

Your child can explore the world without leaving home! This activity turns him into a "flat traveler"-

like Flat Stanley in the popular book series.

First, let him mail a photo of himself and a letter to a relative or friend who lives out of town. He

could write questions that will help him learn about the place, perhaps about the weather, language, foods, geography, or landmarks.

The person should mail back answers, along with photos and even tourist brochures or postcards. For instance, his aunt may snap a picture of your child's photo on a snowy mountain or in front of a famous skyscraper.

Suggest that your youngster put everything in a scrapbook that he can read to remind him of the places "he" has been. Then, he can send his photo on another adventure with a different long-distance relative or friend! 🕈

OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting. Resources for Educators, a division of CCH Incorporated 128 N. Royal Avenue • Front Royal, VA 22630 800-394-5052 • rf ecustomer@wolterskluwer.com www.rfeonline.com ISSN 1540-5621



overhear a teller at the bank say, "Thank you for your service" to a customer in a military uniform. Or maybe you'll notice that your child asks her brother respectfully, "Could you please sing more quietly while I finish my homework?"

Draw a comic strip. Brain-

storm ways people show respect, such as by keeping commitments or respecting others' wishes. Then, your youngster can create a comic strip that illustrates one of the examples. Perhaps she'll draw one panel that shows her arranging a get-together with a

friend, a second panel where a different friend invites her to a movie she's anxious to see, and a third with her sticking to her original plans.♥



MAG M

Participating in class

My son, Sam, has always

been a quiet kid. This year, his teacher told me that he rarely speaks up in class and prefers to work alone. So together, she and I came up with strategies to help Sam participate more.

Now as part of Sam's homework, he

decides on one question or comment about the material to share in class the next day. Practicing what he plans to say prepares him to speak up. Also, when the teacher assigns group projects, she tries to put Sam on a team that includes at least one student he knows well.

The teacher reports that Sam is speaking up more often. And the other day, he came home excited about a great idea his partner had for the diorama they're working on together.

Sharpen critical thinking

Q: At a recent curriculum night, the principal talked about critical thinking. Are there fun ways to work on this at home?

A: Absolutely! And the great thing about building thinking skills is that your child doesn't need any materialsjust her brain.

Try holding a family debate, with a twist. Ask a question like "Which is better, basketball or baseball?' Let each person answer, then argue in favor of the sport she didn't choose. Your

youngster will need to think critically to take a view that's the opposite of her own. For instance, a baseball fan might say that basketball is more fast-paced and exciting.

> Or encourage your daughter to look at familiar situations in new ways. Have her pick a situation or an event (say, a snowstorm). Now take turns looking at it from others' perspectives. How would a truck driver, a toddler, or a squirrel feel about the snow?

